

Expressão da intensidade da dor no pós-operatório imediato

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Resumo: *Trata-se de uma pesquisa descritiva-exploratória, a fim de avaliar a expressão da intensidade da dor no pós-operatório imediato. O estudo foi realizado em um hospital privado, de médio porte, no município de São Paulo. Foram aplicadas em 30 pacientes, escalas de número, de palavras e das faces para medida da intensidade da dor. Os resultados obtidos demonstraram melhor expressão da intensidade da dor com a escala de números e de palavras.*

Palavras-chave: *dor, pós-operatório imediato.*

Abstract: *The objective of the study is to make a comparative analysis among three instruments which measure the representation of the expression of the intensity of pain in the immediate pos-operative condition. This study is a descriptive-exploratory type executed in an anesthetic recuperation room of a medium size private hospital in the city of São Paulo. Three instruments were applied to thirty patients in immediate pos-operative condition after diverse types of specialized surgeries. Within the measuring instruments a numeric scale was used which ranged from one to ten, where one denoted the absence of pain and ten was the highest possible level of pain imaginable. There was also a scale of words which varied from no pain up to unsupportable pain. Also a facial scale demonstrated the patients facial expressions. From the results obtained we were able to verify the complexity of an evaluation of pain intensity. Even in just one patient using only one scale we were able to obtain a significant level of pain, the other scale did not present the same significance.*

Key-words: *pain, immediate pos-operative.*